

Stayin' Alive

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Description : 32 temps, 4 murs, Novice, Octobre 2016

Musique : Stayin' Alive From Saturday Night Fever by Julian Perreta

#8 counts Intro – NO TAG NO RESTART

There is also an Absolute Beginner dance to accompany this dance. It is called STAYIN'ALIVE AB

Section 1: CHASSE DIAGONALLY TWICE WALK BACK R-L-R-L

1&2 Right foot step in diagonal right (towards 1:30 and facing 10:30), Step left beside right, Step right foot step in diagonal right – 1:30

3&4 Left foot step in diagonal left (towards 10:30 and facing 1:30), Step right beside left,

4: Step left in diagonal left , - 10:30

5 – 6: (facing 12:00) Walk back on right foot, Walk back on left foot,

7 – 8: Walk back on right foot, Walk back on left foot – 12:00

Section 2: MODIFIED RUMBA, ANCHOR STEPS R-L

1&2: Step right foot to right side, Step left foot beside right, Step right forward,

3&4: Step left foot to left side, Step right foot beside left, Step left forward,

5&6: Lock right foot behind left, Step left foot in place, Step back on right,

7&8: Lock left foot behind right, Step right foot in place, Step back on left,

Section 3: STEP TOGETHER, CHASSE RIGHT, STEP TOGETHER, CHASSE LEFT ¼ TURN LEFT

1 – 2: Step right foot to right side, Step left beside right,

3&4: Chassé to the right side (R-L-R)

5 – 6: Step left to left side, Step right beside left

7&8: Chassé to the left with ¼ turn left (L-R-L). (Weight on left) 9:00

Section 4: OUT, OUT, IN, IN, STOMP x2, BUMP HIPS L-R-L

1-2 Step right to right diagonal, Step left to left diagonal, (Feet apart)

3-4: Step right back in place, Step left back in place, (Feet together)

5-6 Stomp right foot to right, Stomp left foot to left (Feet apart)

7&8 Bump hips Left, Right, Left (Weight on left)

A big thank you to my friend Greg, who does the English translations for all my dances.

DON'T FORGET TO SMILE AND HAVE FUN – PEOPLE MAY BE WATCHING!

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