

Cha Cha Cola

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Choregraphie par : Rob Fowler

Description : 32 temps, 4 murs, Novice, Février 2019

Musique : Sweet Like Cola (Special Edition) by Lou Bega (3m 23s)

Intro: 16 counts (approx. 11 secs) – bpm: 120 (approx.)

S1: Side R, Rock/Recover, Chasse, Rock/Recover, Chasse

- 1,2,3 Step R to R side, cross rock L over R, recover back R
- 4&5 Step L to L side, step R next to L, step L to L side
- 6,7 Cross rock R over L, recover back L
- 8&1 Step R to R side, step L next to R, step R to R side(12 o'clock)

S2: Rock/Recover, Ball Point, Heel Twists, Rock/Recover, Step Together

- 2,3 Rock fwd L, recover back R
- &4&5 Step L next to R, point R toe fwd, twist both heels R, twist both heels back to centre (weight on L)
- 6,7 Rock back R, recover fwd L
- 8& Step fwd R, step L next to R*(12 o'clock)

***Restart During Wall 11, dance up to and including count 8& of Section 2 then RESTART facing 6 o'clock.**

S3: Skate, ¼ Turn, Skate, ¼ Turn, Jazz Box Cross

- 1,2 Skate R fwd slightly to R diagonal, make ¼ turn L (weight on L) (9 o'clock)
- 3,4 Skate R fwd slightly to R diagonal, make ¼ turn L (weight on L) (6 o'clock)
- 5,6 Cross R over L, step back L
- 7,8 Step R to R side, cross L over R(6 o'clock)

S4: Side, Together, Chasse, Rock/Recover, ¼ Turn Chasse

- 1,2 Step R to R side, step L next to R
- 3&4 Step R to R side, step L next to R, step R to R side
- 5,6 Cross rock L over R, recover back R
- 7&8 Make ¼ turn L stepping fwd L, step R next to L, step fwd L (3 o'clock)

Start Over

(155)

