

Remember the days

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Type of dance: 32 counts, 4 walls, Improver line dance
 Music: **High** by The Lighthouse Family. Track length: 5.10. Buy on iTunes, etc.
 Intro: 8 counts from when the beat kicks in (app. 39 secs. into track). Start with weight on L foot
 NOTE: NO TAGS – NO RESTARTS! ☺

Counts	Footwork	End facing
1 – 8	R rock step fwd, R back lock step, L back rock, ¼ R chasse L	
1 – 2	Rock R fwd (1), recover back on L (2)	12:00
3&4	Step back on R (3), lock L in front of R (&), step back on R (4)	12:00
5 – 6	Rock back on L (5), recover fwd onto R (6)	12:00
7&8	Turn ¼ R stepping L to L side (7), step R next to L (&), step L to L side (8)	3:00
9 – 16	R back rock, R kick ball cross, R step slide, ball cross, side L	
1 – 2	Rock back on R (1), recover fwd onto L (2) (body opens up naturally to R diagonal)	3:00
3&4	Kick R fwd (3), step R next to L (&), cross L slightly over R (4)	3:00
5 – 6	Step R a big step to R side (5), slide L towards R (6)	3:00
&7 – 8	Step L behind R (&), cross R over L (7), step L to L side ()	3:00
17 – 24	Modified figure 8 vine, chasse ¼ R	
1 – 2	Cross R behind L (1), turn ¼ L stepping L forward (2)	12:00
3 – 4	Step R fwd (3), turn ½ L stepping onto L (4)	6:00
5 – 6	Turn ¼ L stepping R to R side (5), cross L behind R (6)	3:00
7&8	Step R to R side (7), step L next to R (&), turn ¼ R stepping R fwd (8)	6:00
25 – 32	L rock step fwd, ¼ L chasse, R jazz box, fwd L	
1 – 2	Rock fwd on L (1), recover back on R (2)	6:00
3&4	Turn ¼ L stepping L to L side (3), step R next to R (&), step L to L side (4)	3:00
5 – 8	Cross R over L (5), step back on L (6), step R to R side (7), step fwd on L (8)	3:00
Start again		
Ending	Wall 13 is your last wall (starts at 12:00). Finish the whole dance (now facing 3:00). Turn ¼ L stepping R to R side and you're now facing 12:00 again ☺	12:00