

Bailar Bailar

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Choregraphie par : Francien SITTROP

Description : 32 temps, 4 murs, Débutant, Juin 2016

Musique : Bailar par DEORRO (feat Elvis CRESPO)

**Sequence: Start with the Tag when the beat starts (21 Sec) Do the tag twice (16 counts totally)
Then after the Tag start the Main dance**

Tag : Do this Tag at the beginning of the dance 2x

[1 – 8] Samba Steps x2 , With 4 Paddles ½ Turn L

1 & 2 Step R fwd, Rock L to L side, Recover on R

3 & 4 Step L fwd, Rock R to R side, Recover on L

&5&6&7&8 4 Paddles Steps ½ Turn L (06.00)

Main Dance (after 29 sec):

[1 – 8] Vine L, Cross Rock , Recover, Side Shuffle

1 – 4 Step R across L, Step L to L side, Step R behind L, Step L to L side

5 – 6 Rock R across L, Recover on L

7 & 8 Step R to R side, Step L next to R, Step R to R side

[9-16] Vine R, Cross Rock, Recover, Side Shuffle

1 – 4 Step L across R, Step R to R side, Step L behind R, Step R to R side

5 – 6 Rock L across R, Recover on R

7 & 8 Step L to L side, Step R next to L, Step L to L side

[17-24] Rock Step, Recover, Triple ¾ Turn R, Rock step, Recover, Coaster Cross

1 – 2 Rock R fwd, Recover on L

3 & 4 Triple ¾ Turn R with R, L, R (09.00)

5 – 6 Rock L fwd, Recover on R

7 & 8 Step L back, Step R next to L, Step L across R

[25-32] Side Rocks , ½ Turn L with Hip sways

1-2& Rock R to R side, Recover on L, Step R next to L

3-4& Rock L to L side, Recover on R, Step L next to R

5 – 8 Step R fwd, make ¼ Turn L, Recover on L, Step R fwd, make ¼ Turn L, Recover on L (03.00)

(And Sway Hips)

Start again

Contact – Website: www.franciensittrop.nl

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