

# Bed

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**Choregraphie par :** Paul Steinborn (DE), Lisa Altenkirch (DE) & Emma Ruhnau (DE)

**Description :** 32 temps, 4 murs, Novice Funky, Mai 2021

**Musique :** Bed (feat. Joel Correy & Raye) – David Guetta

## **Section 1 – Side-Behind-Side/Heel/Chest Pop/Step together/Cross Over/½ Turn L/Kick R/ Kick L**

- 1, 2 & Step side on R, Cross behind on L, Step side on R
- 3 & 4 & Touch L heel diagonal forward, bring chest to front, bring chest back to centre
- 5, 6 Step together, Cross over on R, ½ turn L on both feets
- 7 & 8 & Kick forward on R, Step together on R, Kick forward on L, Step together on L

## **Section 2 – Walk R+L/ ¾ Turn L/Jazz Box**

- 1, 2 Step forward on R, Step forward on L
- 3, 4 ½ Turn L with step back on R, ¼ Turn L with step side on L
- 5, 6 Cross over on R, Step back on L
- 7, 8 Step side on R, Step forward on L

## **Section 3 – Step Side with Hip Roll R+L/Step Back with Heel Grind R+L/Coaster Step/Step Together**

- 1, 2 Step side on R and start hip roll from L to R, finish hip roll on R
- 3, 4 Step side on L and start hip roll from R to L, finish hip roll on L
- 5, 6 Step back on R and turn L Toe to L, Step back on L and turn R Toe to R
- 7 & 8 & Step back on R, Step together on L, Step forward on R, Step together on L

## **Section 4 – ¼ Turn R with Cross Over/¼ Turn L with Step Forward/Pivot ½ Turn L/Kick-Ball-Change/Jump Out/Jump In**

- 1, 2 ¼ turn R with cross over on R, ¼ turn L with step forward on L
- 3, 4 Step forward on R, ½ turn on L with step forward on L
- 5 & 6 Kick forward on R, Step together on R, Step in place on L
- 7, 8 Jump out on both feets, Jump in on both feets

(20)