Dulce Veneno (Sweet Poison)

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Karl-Harry Winson (UK) & Jamie Barnfield (UK) - August 2026
Music: My Drink Is You - Zentiro : (iTunes & Spotify)

Intro: 32 counts Extra Bits: 3 Tags

S1: STEP, MAMBO STEP, 1/4 SAILOR, HOLD, BALL-CROSS SHUFFLE

1	Step forward on Right
2&3	Rock forward on Left, recover on Right, small step back on Left
4&5	Cross right behind left, 1/4 Right stepping Left to Left side, cross Right over Left (3:00)
6&	HOLD, close on the ball of Left next to Right
7&8	Cross Right over Left, step Left to Left side, cross Right over Left

S2: SIDE, ROCK &, SIDE, ROCK &, BALL 1/8, BALL, 1/4, BALL 1/4, BALL 1/8

1-2&	Step Left to Left side, rock back on Right behind Left, recover on Left slightly crossed over
3-4&	Step Right to Right side, rock back on Left behind Right, recover on Right slightly crossed over
5&	Turn 1/8 stepping forward on Left, close Right behind Left (1:30)
6&	Turn 1/4 stepping forward on Left, close Right behind Left (10:30)
7&	Turn 1/4 stepping forward on Left, close Right behind Left (7:30)
8	Turn 1/8 stepping forward on Left (toe slightly turned out) (6:00)

(Counts 5-8 is a Volta Turn making a smooth 3/4 turn round to the Left)

***TAG 2: To be danced during Wall 6 after 16 counts facing 9 O'Clock Wall**
ROCK FORWARD, RECOVER, ROCK FORWARD RECOVER

1-2	Rock forward on Right pushing hips forward, recover on Left pushing hips back
3-4	Rock forward on Right pushing hips forward, recover on Left pushing hips back

(Angle body slightly to Left diagonal to do this)

S3: KICK OUT OUT, HEEL TOE HITCH, CROSS, BACK BACK, CROSS, BACK TOGETHER

1&2	Kick Right slightly across Left, step Right out to Right side, step Left out to Left side
3&4	Swivel Right heel in, swivel Right toe in, hitch Right slightly across Left
5	Cross right over left
6&7	Step back on Left, step back on Right, cross Left over Right
8&	Step back on Right, close Left next to Right

(Counts 5-8: Angle your body towards the diagonals as you travel backwards)

S4: STEP, LOCK &, STEP, SAILOR 1/2 HEEL, & HEEL, & CLOSE, CROSS, 3/4 UNWIND

1-2&	Step forward on Right, lock Left behind Right, step forward on Right
3-4&	Step forward on Left, 1/4 Right crossing Right behind Left (9:00), 1/4 Right as you close Left to Right (12:00)
5&	Tap Right heel forward, close Right next to Left
6&	Tap Left heel forward, close Left next to Right
7-8	Cross Right over Left, unwind 3/4 Left finishing with weight Left (3:00)

TAG 1: To be danced here at the end of Wall 2 facing 6 o'clock

1	Step forward on Right
2&3	Rock forward on Left, recover on Right, small step back on Left
4&	Rock back on Right, recover on Left
5-6	Step forward on Right, pivot 1/2 Left
7-8	Step forward on Right, pivot 1/2 Left

TAG 3: To be danced here at the end of Wall 7 facing 12 o'clock

1	Step forward on Right
2&3	Rock forward on Left, recover on Right, small step back on Left
4&	Rock back on Right, recover on LefT

ENDING: The dance finishes at the end of Wall 8, instead of unwinding 3/4, do A full turn to finish at the front for your Ta-Dah Moment!

Last Update: 12 Sep 2026