

Na, Na, Na, Na, Na

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Choregraphie par : Peter Probert (AUS)

Description : 32 temps, 4 murs, Débutant, Septembre 2021

Musique : Life Is a Rollercoaster – Ronan Keating : (Album: 10 Years of Hits)

ORIGINAL POSITION:- Weight on Left

INTRO:- 40 BEATS (APPROX 22 SEC.)

NO TAGS NO RESTARTS

WEAVE LEFT, JAZZ BOX ¼ FWD

1-2-3-4 Cross R in Front of L, Step L to L side, Cross R Behind L, Step L to L side

5-6-7-8 Cross R in Front of L, turn ¼ R Stepping Back on L, Step R to R Side, Step L Forward (3.00)

STEP, LOCK, STEP SCUFF, STEP, LOCK, STEP, TOUCH

1-2-3-4 Step R 45 Deg. R, Lock L Behind R, Step R forward, Scuff L Forward

5-6-7-8 Step L 45 Deg. L, Lock R Behind L, Step L Forward, Touch R next to L

DIAGONAL BACK DRAGS (ZIG ZAG)

1-2 Big Step Back R at 45 deg. R, Drag L Back to R (Weight on R)

3-4 Big Step Back L at 45 Deg. L, Drag R Back to L (Weight on L)

5-6 Big Step Back R at 45 Deg. R, Drag L Back to R (Weight on R)

7-8 Big Step Back L at 45 Deg. L, Drag R Back to L (Weight on L)

SIDE TOUCH X 2, PADDLE ¼ TURN X 2

1-2-3-4 Step R to Side, Touch L beside R, Step L to L side, touch R Beside L

5-6-7-8 Step R forward ¼ Turn, Step R Forward 1/4/ Turn (9.00)

REPEAT FACING NEW WALL

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