# Slow Motion



Count: 32 Wall: 4 Level: Improver

Choreographer: Grace David (KOR), Roy Verdonk (NL) & Jef Camps (BEL) - March 2025

Music: Slow Motion - Marshmello & Jonas Brothers



#### Intro: 16 counts

Section 1 - Step,	Point.	Sailor ½	Turn. W	Valk. V	Nalk.	Anchor Step

1-2	I F ste	p forward.	RF r	oint o	side

3&4 ½ turn R & RF cross behind LF, LF step side, RF step forward 6:00

5-6 LF walk forward, RF walk forward

7&8 LF lock behind RF, recover on RF, LF step back

# Section 2 - Rock Back, Recover, Step Fwd, ½ Pivot, ¼ Large Side, Drag, Behind-Side-Cross

1-2 RF rock back, recover on LF

3-4 RF step forward, make ½ turn L putting weight on LF 12:00
5-6 ¼ turn L & RF large step side, drag LF towards RF 9:00
LF cross behind RF, RF step side, LF cross over RF

# Section 3 - Side Rock/Recover, Cross Shuffle, 1/4 Back, Side, Cross Shuffle

1-2 RF rock side, recover on LF

3&4 RF cross over LF, LF step side, RF cross over LF
5-6 ¼ turn R & LF step back, RF step side 12:00
7&8 LF cross over RF, RF step side, LF cross over RF

## Section 4 - Side, Hold, Ball, Side Rock, 1/4 Recover, Step-Lock-Step, Prissy Walks

1-2 RF step side, hold

&3-4 LF close on ball next to RF, RF rock side, ¼ turn L & recover on LF 9:00

5&6 RF step forward, LF lock behind RF, RF step forward

7-8 LF step forward (slightly across R), RF step forward (slightly across L)

#### **EXTRA'S**

Restart: In wall 4 dance up to count 16,

then start again but replace count 1 with snapping your fingers cause your weight is already on the LF, continue the dance with count 2. 12:00

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