



The Headlights

(October 2025)

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Information: 32 Counts, 2 wall, Intermediate / Advanced NC2S.
Choreographer: Adam Åstmar (SE).
Music: "Headlights" by Chris Kläfford (3:33) ~ 67 bpm.
Intro: Dance starts immediately on first clear beat, approx. 5 seconds into the track.
Information: To start the dance the easiest, have the weight on RF forward waiting for count 2 to recover on LF.

Tag occurs after wall 2 facing 12'00. Restart occurs on wall 3 after 16 counts facing 6'00.

Section	Steps & Explanations	End Facing
Sect – 1	Rock Fwd. ½ Turn R. ¼ R Nightclub Basic L. Side, Touch with Arms. Run ¼ L. Out Out with Arms.	
1 – 2 &	Rock forward on RF (1). Recover on LF (2). Turn ½ R step forward on RF (&).	6'00
3 – 4 &	Turn ¼ R take a big step to L on LF (3). Close RF next to LF (4). Cross LF over RF (&).	9'00
5 – 6	Step to R on RF lifting both hands in head height (5). Touch LF next to RF move both hands in a smooth motion slightly out and down snapping fingers (6).	9'00
7 & 8 &	Run in a ¼ circle L stepping LF (7), RF (&). Step to L diagonal on LF pushing L hand forward with palm forward and fingers up (8). Step to R diagonal on RF pushing R hand forward with palm forward and fingers up (8). Both hands should now be in front of the body. The arms at counts 8 & represented the headlights of a car.	6'00
Sect – 2	Back Sweep with Arms. Behind Side Cross. Unwind ½ L. Turn ½ L Step Back. Rock Back. Step Fwd. Run Fwd.	
1 – 2 &	Step back on LF sweep RF from front to back pulling both hands back while making them into fists (1). Step RF behind LF (2). Step to L on LF (&).	6'00
3 – 4 &	Cross RF over LF (3). Unwind ½ L place weight on LF (4). Turn ½ L step back on RF (&).	6'00
5 – 6	Rock back on LF (5). Recover on RF (6).	6'00
7 – 8 &	Step forward on LF (7). Run forward on RF (8), LF (&).	6'00
Note!	- Restart occurs here on wall 3 facing 6'00. -	
Sect – 3	Rock Fwd. Side. Cross Rock. Side with Sway. Sways R, L & Arms. Rolling Vine R. Cross.	
1 – 2 &	Rock forward on RF (1). Recover on LF (2). Step to R on RF (&).	6'00
3 & 4	Cross rock LF over RF (3). Recover on RF (&). Step to L on LF sway body to L (4).	6'00
5 & 6 &	Sway R slightly turn body R bringing R hand in front of face with palm towards face (5). Bring L hand in front of face with palm towards face (8). Sway L slightly turn body L bringing R hand straight down by side of body (8). Bring L hand straight down by side of body (&).	6'00
7 & 8 &	Turn ¼ R step forward on RF (7). Turn ½ R step back on LF (&). Turn ¼ R step to R on RF (8). Cross LF over RF (&).	6'00
Sect – 4	Nightclub Basic R. Side with Sweep. Behind Side Cross with Sweep. Fwd Sweep. Rock Fwd. Back. Together.	
1 – 2 &	Take a big step to R on RF (1). Close LF next to RF (2). Cross RF over LF (&).	6'00
3 – 4 &	Step to L on LF sweep RF from side to back (3). Step RF behind LF (4). Step to L on LF (&).	6'00
5 – 6	Cross RF over LF sweep LF from back to front (5). Step forward on LF sweep RF from back to front (6).	6'00
7 & 8 &	Rock forward on RF (7). Recover on LF (&). Step back on RF (8). Close LF next to RF (&).	6'00
Tag	Rock Fwd. ½ Turn R. ¼ R Nightclub Basic L. Side with Sweep. Behind ¼ Step. Rock Fwd. Together.	
1 – 2 &	Rock forward on RF (1). Recover on LF (2). Turn ½ R step forward on RF (&).	6'00
3 – 4 &	Turn ¼ R take a big step to L on LF (3). Close RF next to LF (4). Cross LF over RF (&).	9'00
5 – 6 &	Step to R on RF sweep LF from side to back (5). Step LF behind RF (6). Turn ¼ R step forward on RF (&).	12'00
7 – 8 &	Rock forward on LF (7). Recover on RF (8). Close LF next to RF (&).	12'00

Please do not change anything in this stepsheet. If you want to use this somewhere else, you need to make sure that it's in original form and nothing's missing, such as contact details etc.

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