

# Therapy

**COPPER** **NOB**  
BY STEPHANIE

**Count:** 16

**Wall:** 2

**Level:** Beginner

**Choreographer:** Esmeralda van de Pol (NL) - May 2023

**Music:** Therapie - Zoë Tauran



**Intro : 16 counts**

## **STEP FWD SWEEP, LEFT TWINKLE, STEP FWD, MAMBO STEP, WALK BACK, BALL STEP BACK, COASTER STEP. STEP FWD**

- 1 Step RF fwd, Sweep L in front of RF
- 2&a Cross LF over RF, Step RF to R side, Step LF to L side
- 3 Step RF fwd
- 4&a Rock LF fwd, Recover weight on RF, Step LF back
- 5-6a7 Step RF back, Step LF back, Step RF next to LF, Step LF back
- 8&a1 Step RF back, Step LF next to RF, Step RF fwd. Step LF fwd

## **PIVOT ½ TURN L, WALK FWD HITCH, BEHIND SIDE CROSS, SIDE ROCK, RECOVER, STEP TOGHETER, STEP FWD, L SHUFFLE FWD**

- 2&a Step RF fwd, ½ turn L-weight on LF, Step RF fwd 06.00
- 3 Step LF fwd, Hitch R knee
- 4&a Step RF behind LF, Step LF to L side, Cross RF over LF
- 5-6a7 Rock LF to L side, Recover weight on RF, Step LF next to RF, Step RF fwd
- 8&a Step LF fwd, Step RF next to LF, Step RF fwd

**No tags, No restarts**

**Dance With Esmeralda**

**Esmeralda v.d. Pol**

**[www.esmeralda-dancers.com](http://www.esmeralda-dancers.com)**

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